



# HOW TO BUY CBD TINCTURES

## LOOK FOR A COA

A tested product is a trusted product.

A Certificate of Analysis (COA) will provide you with scientific data on what you're about to put inside your body. These tests are costly for companies; as a consumer, you should not trust a CBD company that is not willing to pull back the curtain for you to show you what's in its product!

## SKIP THE FLAVORS

Think simple

More often than not, added flavors are there to cover up the poor tasting of unrefined starting materials or poorly refined active ingredients. Properly refined CBD, along with high quality MCT oil, will not taste bad. In fact, it has little to no flavor at all.

## BROAD SPECTRUM VS FULL SPECTRUM

Know the difference

The refining process used to craft broad spectrum CBD oil allows for the removal of THC. Alternatively, Full Spectrum CBD oil will most likely contain THC, so be sure to check the lab reports - especially if you're looking to pass a drug test for employment.

## CHECK THE DOSAGE

Because size doesn't matter...

Just because the size of the bottles are the same, doesn't mean the amount of CBD inside is the same. The amount of CBD, in mg, should be clearly stated on the bottle, including how much per serving.

## KNOW WHERE IT CAME FROM

Not all CBD is created equally.

Purchase from a company that sources and manufactures their product where regulations help create a safe product. Look for products that are manufactured in an FDA registered facility that is cGMP compliant.

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